

Anytime-MD

A doctor on call, 24/7, for free!

We know it's hard finding time to get to the doctor. But with the free **Anytime-MD** app it's easy to get the everyday care you need on your time, 24/7.



Anytime means anytime.

Wherever you are, whatever the hour simply send a text via the app and a local board-certified doctor will reply within minutes.



They'll listen, diagnose, and advise on the care that's right for you. They can even help schedule you an appointment with your doctor or send a prescription to your nearest pharmacy, if necessary.

Save time, save money.

Anytime-MD is convenient, available around the clock and it's free to Texas Health Aetna members. That means no copays, no surprise bills*—and no time wasted in the ER or urgent care.

Convenient for quick care needs.

Use **Anytime-MD** for things like:

- + Cough, cold, flu, headaches/migraines
- + Seasonal allergies
- + Urinary tract infection
- + Rashes, allergic reactions, minor insect/animal bites
- + Food poisoning or diarrhea
- + Back pain
- + Earaches, swimmer's ear, pinkeye
- + Sports injuries, strains, sprains
- + Minor burns



Always call 9-1-1 for medical emergencies.

A medical emergency is an event that you reasonably believe threatens your or some one else's life or limb in such a manner that immediate medical care is needed to prevent death or serious impairment of health. A medical emergency includes severe pain, bad injury, a serious illness or a medical condition that is quickly getting much worse.

* Access to the Anytime-MD application is not included in all plans. Please call the Member Services number on your ID card to confirm eligibility. Prescriptions and follow-up appointments will be billed according to your health plan's benefits.

Not all health services are covered. See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage.

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