

Making
health care
simpler
for you.

2020 Open Enrollment



Health care with you at heart.

Everyone wants simpler health care, but Texas Health Aetna is making it happen. Bringing together the clinical excellence of Texas Health and Aetna's coverage expertise, our plans make health care simpler, more convenient and less costly for you.

> Read on to learn more about the unique features provided to our members.

Simpler health care starts here.

We've made it as easy as possible to get the most out of your Texas Health Aetna Plan:
to know more, do more and save more.



24/7 access to a doctor, for free*

It's tough to find time to see a doctor. But with our **Anytime-MD** app, you have one on call in your pocket, wherever you are, whatever the hour. One text, and a local doctor will respond within minutes, assess your care needs, help get an appointment or a referral, even send a prescription to the nearest pharmacy. It's 24/7 peace of mind and it's free to all members.

Appointments on your time

Who wants to wait an average of 24 days to see a doctor or specialist? Call us and we'll get you timely appointments that fit your schedule, when you need them. We can also send a **DispatchHealth** care team to your home via the **Anytime-MD** app, while walk-ins for non-emergencies are welcome at 1,100 **MinuteClinic**® locations nationwide.

* Prescriptions and follow up appointments will be billed according to your health plan's benefits.



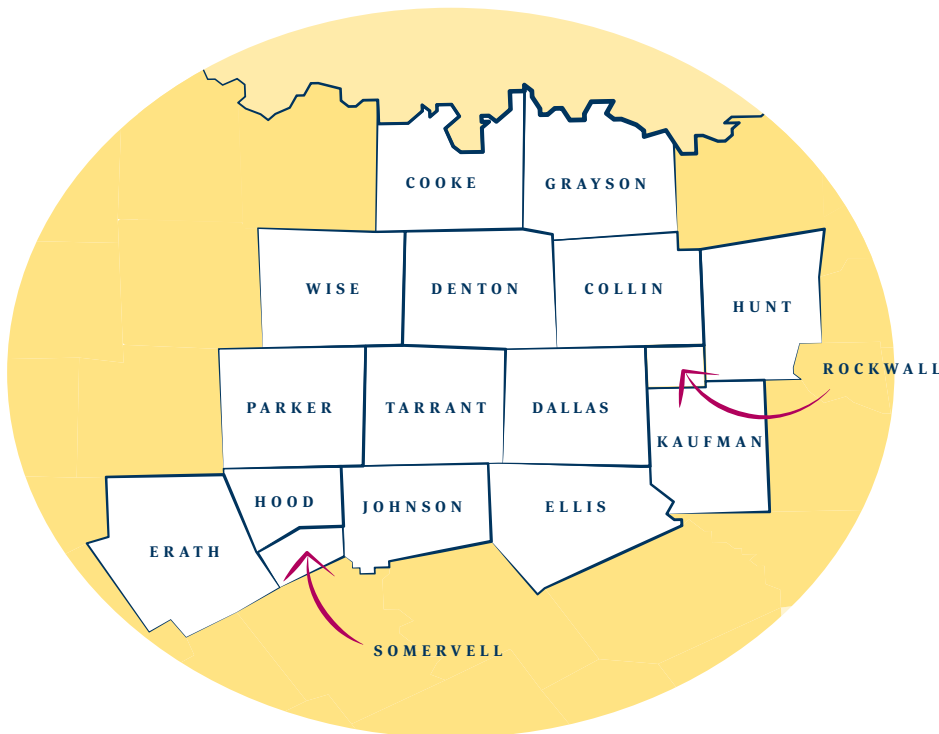
Personal support for serious care

If illness or injury puts you in the hospital, or if you have a chronic condition, we provide a local care team to help guide you through the process of getting well. They'll keep you informed, coordinate treatment, liaise between specialists and help schedule follow-up appointments. So all you need to focus on is getting back to better health.



A network that's always nearby

You'll always have access to great care, wherever you live and work in the 16 major counties of North Texas.



2,850 primary-care doctors

17,000 specialists

65 hospitals*

2,350 behavioral health providers

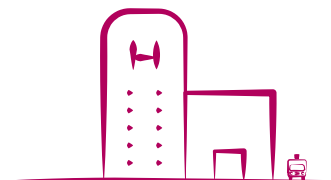
We're proud to offer in-network coverage at our area's leading health systems

- + Texas Health
- + UT Southwestern
- + Methodist Health
- + Cook Children's Hospital
- + Children's Medical Center of Dallas

* Includes long-term and acute care facilities

Here, there, everywhere you need: our network hospitals

Visit texashealthaetna.com for the very latest information on doctors, specialists, facilities and providers.



Collin County

- + Children's Medical Center Plano
- + Methodist McKinney Hospital
- + Methodist Richardson Medical Center
- + Texas Health Center for Diagnostics & Surgery Plano
- + Texas Health Presbyterian Hospital Allen
- + Texas Health Presbyterian Hospital Plano

Cooke County

- + Muenster Memorial Hospital
- + North Texas Medical Center

Dallas County

- + Children's Medical Center of Dallas
- + Methodist Charlton Medical Center
- + Methodist Dallas Medical Center
- + Methodist Hospital for Surgery
- + Methodist Rehabilitation Hospital
- + Texas Health Presbyterian Hospital Dallas
- + Texas Institute for Surgery at Presbyterian Hospital of Dallas
- + Texas Scottish Rite Hospital for Children
- + University of Texas Southwestern University Hospital
- + University of Texas Southwestern University Hospital — Zale Lipshy

Denton County

- + Texas Health Presbyterian Hospital Denton
- + Texas Health Presbyterian Hospital Flower Mound

Ellis County

- + Ennis Regional Medical Center

Erath County

- + Texas Health Harris Methodist Hospital Stephenville

Grayson County

- + Texoma Medical Center

Hood County

- + Lake Granbury Medical Center

Hunt County

- + Hunt Regional Medical Center

Johnson County

- + Texas Health Harris Methodist Hospital Cleburn

Kaufman County

- + Texas Health Presbyterian Hospital Kaufman

Parker County

- + Texas Health Harris Methodist Hospital Azle

Rockwall County

- + Texas Health Presbyterian Hospital Rockwall

Somervell County

- + Glen Rose Medical Center

Tarrant County

- + Children's Southlake Specialty Care
- + Cook Children's Medical Center
- + Methodist Southlake Hospital
- + Methodist Mansfield Medical Center
- + Texas Health Arlington Memorial Hospital
- + Texas Health Harris Methodist Hospital Alliance
- + Texas Health Harris Methodist Hospital Fort Worth
- + Texas Health Harris Methodist Hospital Hurst-Euless-Bedford (HEB)
- + Texas Health Harris Methodist Hospital Southlake
- + Texas Health Harris Methodist Hospital Southwest Fort Worth
- + Texas Health Heart & Vascular Hospital Arlington
- + Texas Health Huguley Hospital Fort Worth South
- + Texas Health Specialty Hospital Fort Worth
- + USMD Hospital at Arlington
- + USMD Hospital at Fort Worth

Wise County

- + Wise Regional Health System
- + Wise Regional Hospital Bridgeport

* Includes long-term and acute care facilities.

Your benefits: all you need to know

You'll always have access to great care, whatever your needs, wherever you live and work.

		In-network providers
Deductible	Employee only	\$500
	Family	\$1,000
Out-of-pocket maximum	Employee only	\$2,000
	Family	\$4,000
What you pay for covered service	Preventive care	Covered 100%; no deductible; \$0 copay
	Doctor visit	\$30 copay; deductible waived*
	Specialist visit	\$50 copay; deductible waived*
	Emergency room	\$150 copay; deductible waived*
	Non-emergency care in emergency room	Not covered
	Urgent care	\$75 copay; deductible waived*
	Hospital	20% after deductible
	Walk-in clinics	\$30 copay; deductible waived*
Free Care	Anytime-MD Virtual Care App	\$0 copay, (yes it's free)

* Deductible waived: all you pay is the copay for preventative and emergency care services.

For referrals, talk to your doctor.

Your employer offers an HMO plan, so you'll need to see your primary care doctor for a referral. They are a great resource and should know the in-network specialists who are right for you.

To select a primary care doctor, go to

texashealthaetna.com

and click on "Find a Doctor" at the top right.

Or simply call the 800-number on the back of your member card and one of our team members will be happy to help you.



Get a check-up — they're covered

Don't put off preventative and routine care if you're worried about costs. Your Texas Health Aetna plan benefits cover a range of free or low cost services, including:

- + Routine adult physical exams and immunizations
- + Routine well child exams
- + Childhood immunizations
- + Routine gynecological care
- + Routine mammograms (one per year for women age 35 and over.)
- + Women's Health (see right)
- + Routine Digital Rectal/Prostate Specific Antigen Test (recommended for men age 40 and over)
- + Colorectal cancer screening (ages 45 and over)
- + Routine eye exams (1 exam every 24 months)
- + Routine hearing screening

Covered preventative care for women

Among the deductible waived* women's health services provided are:

- + Screening for gestational diabetes
- + HPV (human papilloma virus)
- + DNA testing
- + Counseling for sexually transmitted infections
- + Counseling and screening for human immunodeficiency virus
- + Screening and counseling for interpersonal and domestic violence
- + Breastfeeding support, supplies and counseling
- + Contraceptive methods, patient education and counseling

* Limitations may apply. Deductible waived means for preventative services, you only pay the copay.



Prescription pricing made easy

Put simply, your plan covers all types of medications which are divided into tiers. A higher tier (e.g., specialty drugs), means a higher price. The lower the tier (e.g., generics), the lower the price.

Type of drug In network only*

Generic Retail	\$10 copay
Mail order	\$20 copay
Preferred brand-name (retail or mail order)	30%
Non-preferred brand-name (retail or mail order)	50%
Value Plus specialty (preferred or non-preferred)	35%, maximum \$250

* The deductible does not apply to pharmacy expenses, but your out-of-pocket costs apply to the out-of-pocket maximum.

To estimate and compare prescription costs, as well as pharmacy visits versus home delivery, login to the member website at **texashealthaetna.com**

Aetna Preferred Drug (formulary) Guide

You can also save on medications by choosing from the Aetna formulary, a list of covered drugs selected to help treat your conditions and lower your costs.

The guide includes:

- + A broad choice of generic and brand-name drugs
- + A stamp of safety by the U.S. Food and Drug Administration
- + Regular updates based on the latest medical findings

To access the list go to **aetna.com/formulary**.

Select “Value Plus” plans under the “choose a plan” menu.



Annual Enrollment is November 13 – 29, 2019

Questions?

Visit **aetnaplanofferings.com** or call **1-800-822-4346 (TTY:711)**.

Disclaimer

The Texas Health Aetna Anytime-MD app is a health care communications platform developed and serviced by CirrusMD Inc. (“CirrusMD”). Texas Health Aetna has contracted with Acute Care Transitions, LLP (“ACT”) to provide access to emergency medicine physicians in Texas through the app. CirrusMD, ACT and ACT physicians are independent contractors and are neither agents nor employees of Texas Health Aetna, its affiliates or plans administered by Texas Health Aetna.

This material is for information only. Health benefits and health insurance plans contain exclusions and limitations. Providers are independent contractors and not our agents. Provider participation may change without notice. We do not provide care or guarantee access to health services.

Not all health services are covered. See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage.

Plan features are subject to change. If you are in a plan that requires the selection of a physician primary care and your physician primary care is part of an integrated delivery system or physician group, your physician primary care will generally refer you to specialists and hospitals that are part of the delivery system or physician group. Information is believed to be accurate as of the production date; however, it is subject to change. Physicians on the medical staff practice independently and are not agents or employees of the hospital or Texas Health Resources.

Aetna provides certain pharmacy services to Texas Health Aetna. Aetna’s Preferred Drug List is subject to change. Aetna receives rebates from drug manufacturers that may be taken into account in determining its Preferred Drug List. Rebates do not reduce the amount a member pays the pharmacy for covered prescriptions. Aetna Specialty Pharmacy refers to Aetna Specialty Pharmacy, LLC, a subsidiary of Aetna Inc., which is a licensed pharmacy that operates through specialty pharmacy prescription fulfillment. Aetna Rx Home Delivery® pharmacy refers to Aetna Rx Home Delivery, LLC, a subsidiary of Aetna Inc., which is a licensed pharmacy providing prescription services by mail. Aetna and MinuteClinic, LLC (which either operates or provides certain management support services to MinuteClinic-branded walk-in clinics) are part of the CVS Health family of companies.

Texas Health Aetna complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.

Health benefits and health insurance plans are offered and/or underwritten by Texas Health + Aetna Health Plan Inc. and Texas Health + Aetna Health Insurance Company (Texas Health Aetna). Each insurer has sole financial responsibility for its own products. Texas Health Aetna are affiliates of Texas Health Resources and of Aetna Life Insurance Company and its affiliates (Aetna). Aetna provides certain management services to Texas Health Aetna. Self-funded plans are administered by Texas Health + Aetna Health Insurance Company.

TTY: 711

To access language services at no cost to you, call **1-800-822-4346**.

¿Preguntas? Se habla español. Llama a **1-800-822-4346**

如欲使用免費語言服務，請致電 **1-800-822-4346**. (Chinese)

© 2019 Texas Health + Aetna Health Plan Inc. & Texas Health + Aetna Health Insurance Company

7T.02.308.1-TX (10/19)