

SState Farm Insurance Companies Proposed Effective Date: 01-01-2020

HMO - Texas

### PLAN DESIGN & BENEFITS PROVIDED BY TEXAS HEALTH AND AETNA HEALTH PLAN, INC.

PLAN FEATURES IN-NETWORK DESIGNATED PROVIDERS

**Benefit Limitations** - For any service or supply that is subject to a maximum visit, day, or dollar limitation on a per year basis, the benefit year begins on January 1st unless otherwise mandated. Refer to your plan documents for more information.

**Deductible**(per calendar year) \$500 Individual

\$1,000 Family

Unless otherwise indicated, the deductible must be met prior to benefits being payable.

Member cost sharing for certain services, as indicated in the plan, are excluded from charges to meet the Deductible. Pharmacy expenses do not apply towards the Deductible.

The family Deductible is a cumulative Deductible for all family members. The family Deductible can be met by a combination of family members; however, no single individual within the family will be subject to more than the individual Deductible amount.

Out-of-Pocket Maximum(per

\$2,000 Individual

calendar year)

\$4,000 Family

In-Network expenses include coinsurance/copays and deductibles.

Pharmacy expenses apply towards the Out-of-Pocket-Maximum.

The family Out-of-Pocket Maximum is a cumulative Out-of-Pocket Maximum for all family members. The family Out-of-Pocket Maximum can be met by a combination of family members; however no single individual within the family will be subject to more than the individual Out-of-Pocket Maximum amount.

Lifetime Maximum	Unlimited except where otherwise indicated.
Primary Care Physician Selection	Required
Referral Requirement	Required

**Network Designations**- In order to be covered at the preferred in-network benefit level you must use a designated provider for care. If you receive care from a non-designated provider your care may not be covered.

PREVENTIVE CARE	IN-NETWORK DESIGNATED PROVIDERS
PREVENTIVE CARE	IN-NETWORK DESIGNATED PROVIDER

Routine Adult Physical Exams/ Covered 100%; deductible waived

**Immunizations** 

1 exam per 12 months for members age 22 and older.

Routine Well Child Exams Covered 100%; deductible waived (Age and frequency schedules apply)

Childhood ImmunizationsCovered 100%; deductible waivedRoutine Gynecological CareCovered 100%; deductible waived

Exams

1 exam per 12 months

Includes routine tests and related lab fees.

Routine Mammograms Covered 100%; deductible waived

Recommended: One annual mammogram for covered females age 35 and over.

Women's Health Covered 100%; deductible waived

Includes: Screening for gestational diabetes, HPV (Human- Papillomavirus) DNA testing, counseling for sexually transmitted infections, counseling and screening for human immunodeficiency virus, screening and counseling for interpersonal and domestic violence, breastfeeding support, supplies and counseling.

Contraceptive methods, sterilization procedures, patient education and counseling. Limitations may apply.

Routine Digital Rectal Exams / Covered 100%; deductible waived

**Prostate Specific Antigen Test** 

Recommended for males age 40 and over.

Colorectal Cancer Screening Covered 100%; deductible waived

Recommended: For all members age 45 and over.

Frequency schedule applies.



**Routine Eye Exams** 

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Covered 100%; deductible waived

Noutine Lye Lixams	Covered 10070, deductible waived
1 routine exam per 24 months.	
Direct access to participating providers	
Routine Hearing Screening	Covered 100%; deductible waived
Newborn Hearing Testing and	Your cost sharing is based on the type of service and where it is performed
Monitoring	
Includes one newborn screening in the	first 30 days and follow up exams in the first 24 months of life.
PHYSICIAN SERVICES	IN-NETWORK DESIGNATED PROVIDERS
Primary Care Physician Visits	\$30 office visit copay; deductible waived
	al physician, family practitioner or pediatrician.
Specialist Office Visits	\$50 copay; deductible waived
Pre-Natal Maternity	Covered 100%; deductible waived
Walk-in Clinics	\$30 copay; deductible waived
Walk-in Clinics are free-standing health	care facilities that (a) may be located in or with a pharmacy, drug store,
supermarket or other retail store; and (t	b) provide limited medical care and services on a scheduled or unscheduled
	rooms, the outpatient department of a hospital, ambulatory surgical centers,
and physician offices are not considered	
Allergy Testing	Your cost sharing is based on the type of service and where it is performed
Allergy Injections	Your cost sharing is based on the type of service and where it is performed
Hearing Exams	Your cost sharing is based on the type of service and where it is performed
DIAGNOSTIC PROCEDURES	IN-NETWORK DESIGNATED PROVIDERS
Diagnostic Laboratory	20%; deductible waived
If performed as a part of a physician off	ice visit and billed by the physician, expenses are covered subject to the
applicable physician's office visit memb	
Diagnostic X-ray	20%; deductible waived
	ice visit and billed by the physician, expenses are covered subject to the
applicable physician's office visit memb	
Diagnostic X-ray for Complex	20%; deductible waived
Imaging Services	
	ice visit and billed by the physician, expenses are covered subject to the
applicable physician's office visit memb	
EMERGENCY MEDICAL CARE	IN-NETWORK DESIGNATED PROVIDERS
Urgent Care Provider	\$75 copay; deductible waived
Non-Urgent Use of Urgent Care	Not Covered
Provider	
Emergency Room	\$150 copay; deductible waived
Copay waived if admitted	
Non-Emergency Care in an	Not Covered
Emergency Room	
Emergency Use of Ambulance	Covered 100%; deductible waived
Non-Emergency Use of Ambulance	Not Covered

**IN-NETWORK DESIGNATED PROVIDERS** 

Covered 100% for Physician maternity services; deductible waived;20% for

20%; after deductible

Facility services; after deductible

Your cost sharing applies to all covered benefits incurred during your inpatient stay.

Your cost sharing applies to all covered benefits incurred during your inpatient stay.

care)

**HOSPITAL CARE** 

**Inpatient Coverage** 

**Inpatient Maternity Coverage** 

(includes delivery and postpartum



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Outration (Heavis	000/
Outpatient Hospital	20%; after deductible
	benefits incurred during your outpatient visit.
MENTAL HEALTH SERVICES	IN-NETWORK DESIGNATED PROVIDERS
Inpatient	20%; after deductible
	benefits incurred during your inpatient stay.
Mental Health Office Visits	\$50 copay; deductible waived
	benefits incurred during your outpatient visit.
Other Mental Health Services	Covered 100%; deductible waived
SUBSTANCE ABUSE	IN-NETWORK DESIGNATED PROVIDERS
Inpatient	20%; after deductible
	benefits incurred during your inpatient stay.
Residential Treatment Facility	20%; after deductible
Substance Abuse Office Visits	\$50 copay; deductible waived
	benefits incurred during your outpatient visit.
Other Substance Abuse Services	Covered 100%; deductible waived
OTHER SERVICES	IN-NETWORK DESIGNATED PROVIDERS
Skilled Nursing Facility	20%; after deductible
Limited to 60 days per year	
	benefits incurred during your inpatient stay.
Home Health Care	20%; deductible waived
Limited to 60 visits per year	
	y a participating home health care agency; 1 visit equals a period of 4 hrs or
less.	
Hospice Care - Inpatient	20%; after deductible
	benefits incurred during your inpatient stay.
Hospice Care - Outpatient	20%; deductible waived
	benefits incurred during your outpatient visit.
Outpatient Short-Term	\$50 copay; deductible waived
Rehabilitation	
Includes speech, physical, occupational	
Spinal Manipulation Therapy	\$50 copay; deductible waived
Limited to 20 visits per year	
Direct access to participating providers	
Habilitative Services	Cost sharing same as any other physical, occupational, speech therapy
(Physical/Occupational/Speech	expense.
Therapy)	
Autism Behavioral Therapy	Refer to MBH Outpatient Mental Health
Covered same as any other Outpatient	
Autism Applied Behavior Analysis	Refer to MBH Outpatient Mental Health Other Services
Covered same as any other Outpatient	
Autism Physical Therapy	\$50 copay; deductible waived
Autism Occupational Therapy	\$50 copay; deductible waived
Autism Speech Therapy	\$50 copay; deductible waived
Durable Medical Equipment	20%; deductible waived
Prosthetics	Covered 100%; deductible waived
Orthotics	20%; deductible waived
Orthotic Appliances and Services	
Diabetic Supplies	Pharmacy cost sharing applies if Pharmacy coverage is included; otherwise
	PCP office visit cost sharing applies.



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	Covered 100%; deductible waived
Women's Contraceptive drugs and	Covered 100%, deductible waived
devices not obtainable at a	
pharmacy	0 14000/ 1 1 (11 1 1 1
Affordable Care Act mandated	Covered 100%; deductible waived
Women's Contraceptives	
Hearing Aids	Covered 100%; deductible waived
1 benefit maximum per ear for hearing	
Infusion Therapy	Your cost sharing is based on the type of service and where it is performed
Administered in the home or	
physician's office	
Infusion Therapy	Your cost sharing is based on the type of service and where it is performed
Administered in an outpatient hospital	
department or freestanding facility	
Transplants	20%; after deductible
	Preferred coverage is provided at an IOE contracted facility only.
Bariatric Surgery	Not Covered
FAMILY PLANNING	IN-NETWORK DESIGNATED PROVIDERS
Infertility Treatment	Your cost sharing is based on the type of service and where it is performed
Diagnosis and treatment of the underly	
Comprehensive Infertility Services	Not Covered
Artificial insemination and ovulation ind	
Advanced Reproductive	Not Covered
Technology (ART)	
In vitra fartilization (IVE) zvacta introfal	
	lopian transfer (ZIFT), gamete intrafallopian transfer (GIFT), cryopreserved
embryo transfers, intracytoplasmic spe	rm injection (ICSI), or ovum microsurgery
embryo transfers, intracytoplasmic spe Vasectomy	rm injection (ICSI), or ovum microsurgery  Your cost sharing is based on the type of service and where it is performed
embryo transfers, intracytoplasmic spe Vasectomy Tubal Ligation	rm injection (ICSI), or ovum microsurgery Your cost sharing is based on the type of service and where it is performed Covered 100%; deductible waived
embryo transfers, intracytoplasmic spe Vasectomy Tubal Ligation PRESCRIPTION DRUG BENEFITS	rm injection (ICSI), or ovum microsurgery Your cost sharing is based on the type of service and where it is performed Covered 100%; deductible waived IN-NETWORK
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embryo transfers, intracytoplasmic spe Vasectomy Tubal Ligation PRESCRIPTION DRUG BENEFITS Pharmacy Plan Type	Your cost sharing is based on the type of service and where it is performed Covered 100%; deductible waived IN-NETWORK Aetna Value Plus Open Formulary \$10 copay
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embryo transfers, intracytoplasmic spe Vasectomy Tubal Ligation PRESCRIPTION DRUG BENEFITS Pharmacy Plan Type Preferred Generic Drugs Retail Mail Order	Your cost sharing is based on the type of service and where it is performed Covered 100%; deductible waived IN-NETWORK Aetna Value Plus Open Formulary \$10 copay
embryo transfers, intracytoplasmic spe Vasectomy Tubal Ligation PRESCRIPTION DRUG BENEFITS Pharmacy Plan Type Preferred Generic Drugs Retail Mail Order Preferred Brand-Name Drugs	Your cost sharing is based on the type of service and where it is performed Covered 100%; deductible waived IN-NETWORK Aetna Value Plus Open Formulary \$10 copay \$20 copay
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embryo transfers, intracytoplasmic spe Vasectomy Tubal Ligation PRESCRIPTION DRUG BENEFITS Pharmacy Plan Type Preferred Generic Drugs Retail Mail Order Preferred Brand-Name Drugs Retail Mail Order Non-Preferred Generic and Brand-Name	m injection (ICSI), or ovum microsurgery Your cost sharing is based on the type of service and where it is performed Covered 100%; deductible waived IN-NETWORK Aetna Value Plus Open Formulary \$10 copay \$20 copay  30% 30% ame Drugs
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embryo transfers, intracytoplasmic spe  Vasectomy  Tubal Ligation  PRESCRIPTION DRUG BENEFITS  Pharmacy Plan Type  Preferred Generic Drugs  Retail  Mail Order  Preferred Brand-Name Drugs  Retail  Mail Order  Non-Preferred Generic and Brand-Name Retail  Mail Order  Specialty Drugs  Preferred Specialty	m injection (ICSI), or ovum microsurgery Your cost sharing is based on the type of service and where it is performed Covered 100%; deductible waived IN-NETWORK Aetna Value Plus Open Formulary  \$10 copay \$20 copay  30% 30% ame Drugs 50% 50%  Maximum \$250



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**Pharmacy Day Supply and Requirements** 

**Retail** Up to a 30 day supply from Aetna National Network

For a 31-90 day supply you will be responsible for the Mail Order Drug copay.

Percentage copays will not be doubled

Mail Order A 31-90 day supply from CVS Caremark® Mail Service Pharmacy

**Specialty** Up to a 30 day supply

First prescription fill at any retail or specialty pharmacy. Subsequent fills must

be through our preferred specialty pharmacy network.

Value Plus Specialty Drug List

**Choose Generics** - If the member or the physician requests brand-name when generic is available, the member pays the applicable copay plus the difference between the generic price and the brand-name price.

Plan Includes: Diabetic supplies and Contraceptive drugs and devices obtainable from a pharmacy.

Oral fertility drugs included.

A limited list of over-the-counter medications are covered when filled with a prescription.

Oral chemotherapy drugs covered 100%

Value Plus Pre-certification included

Value Plus Step Therapy included

Step Therapy included

One transition fill allowed within 90 days of member's effective date

Affordable Care Act mandated female contraceptives and preventive medications covered 100% in-network.

#### **GENERAL PROVISIONS**

**Dependents Eligibility** 

Spouse, children from birth to age 26 regardless of student status.

#### **Exclusions and Limitations**

Health benefits and health insurance plans are offered and/or underwritten by Aetna Health Inc. Each insurer has sole financial responsibility for its own products.

This material is for information only. Health benefits plans contain exclusions and limitations.

Not all health services are covered. See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by location and are subject to change.

You may be responsible for the health care provider's full charges for any non-covered services, including circumstances where you have exceeded a benefit limit contained in the plan. Providers are independent contractors and are not our agents. Provider participation may change without notice. We do not provide care or guarantee access to health services.

The following is a list of services and supplies that are generally *not covered*. However, your plan documents may contain exceptions to this list based on state mandates or the plan design or rider(s) purchased by your employer.

- All medical and hospital services not specifically covered in, or which are limited or excluded by your plan documents.
- Cosmetic surgery, including breast reduction.
- Custodial care.
- Dental care and dental x-rays.
- Donor egg retrieval.
- Durable medical equipment.
- Experimental and investigational procedures, except for coverage for medically necessary routine patient care costs for members participating in a cancer clinical trial.
- Hearing aids.



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- · Home births.
- Immunizations for travel or work except where medically necessary or indicated.
- Implantable drugs and certain injectable drugs including injectable infertility drugs.
- Infertility services, including artificial insemination and advanced reproductive technologies such as IVF, ZIFT, GIFT, ICSI and other related services, unless specifically listed as covered in your plan documents.
- Long-term rehabilitation therapy.
- Non-medically necessary services or supplies.
- Outpatient prescription drugs (except for treatment of diabetes), unless covered by a prescription plan rider and overthe-counter medications (except as provided in a hospital) and supplies.
- Radial keratotomy or related procedures.
- · Reversal of sterilization.
- Services for the treatment of sexual dysfunction or inadequacies including therapy, supplies or counseling or prescription drugs.
- · Special duty nursing.
- Therapy or rehabilitation other than those listed as covered.
- Treatment of behavioral disorders.
- Weight control services including surgical procedures, medical treatments, weight control/loss programs, dietary regimens and supplements, appetite suppressants and other medications; food or food supplements, exercise programs, exercise or other equipment; and other services and supplies that are primarily intended to control weight or treat obesity, including Morbid Obesity, or for the purpose of weight reduction, regardless of the existence of comorbid conditions.

Aetna, or its affiliate(s) receives rebates from drug manufacturers that may be taken into account in determining Aetna's Preferred Drug List. Rebates may reduce the amount a member pays the pharmacy for covered prescriptions. Aetna Rx Home Delivery and Aetna Specialty Pharmacy refer to Aetna Rx Home Delivery, LLC and Aetna Specialty Pharmacy, LLC, respectively. Aetna Rx Home Delivery and Aetna Specialty Pharmacy are licensed pharmacy subsidiaries of Aetna Inc. that operate through mail order. The charges that Aetna negotiates with Aetna Rx Home Delivery and Aetna Specialty Pharmacy may be higher than the cost they pay for the drugs and the cost of the mail order pharmacy services they provide. For these purposes, the pharmacies' cost of purchasing drugs takes into account discounts, credits and other amounts that they may receive from wholesalers, manufacturers, suppliers and distributors.

In case of emergency, call 911 or your local emergency hotline, or go directly to an emergency care facility.

If you require language assistance, please call the Member Services number located on your ID card, and you will be connected with the language line if needed; or you may dial direct at 1-888-982-3862 (140 languages are available. You must ask for an interpreter). TDD 1-800-628-3323 (hearing impaired only).

Si requiere la asistencia de un representante que hable su idioma, por favor llame al número de Servicios al Miembro que aparece en su tarjeta de identificación y se le comunicará con la línea de idiomas si es necesario; de lo contrario, puede llamar directamente al 1-888-982-3862 (140 idiomas disponibles. Debe pedir un intérprete). TDD-1-800-628-3323 (sólo para las personas con impedimentos auditivos).

Plan features and availability may vary by location and group size.

For more information about Aetna plans, refer to **www.aetna.com.** While this material is believed to be accurate as of the production date, it is subject to change.

Aetna and MinuteClinic, LLC (which either operates or provides certain management support services to MinuteClinic-branded walk-in clinics) are both within the CVS Health family.

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